

FEBRUARY 2020
ROSSMOOR COMPANIONS CLUB MEMBERS SERVICES LIST
Main Contact Info: 925-357-1120
www.rossmoorcompanions.com

Call Main Contact Phone # 925-357-1120 for Member Availability

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c = Cell phone number	Drives Local <15 mi	Drives Bay Area >15 mi	Personal Care	Cooks	Cleans	Shops	Over Night	Works Weekends	Other Tasks / Services
AHEARN, Ruth Golden Rain Rd E19 c925-979-8252 925-705-7304 ruth_ahearn@comcast.net	YES		LIGHT	LIGHT	VERY LIGHT	LIGHT		Occasional	Alzheimer's / Dementia Care, Assist with Discharge Planning
ALKANLI, Ester Ptarmigan Dr E3 510-928-7665 esmor50@hotmail.com	YES	YES	YES	YES	YES	YES	YES	YES	Pet Care, Dementia Care, Airports, Teaches French, Teaches Bridge to Beginners Languages: French, Spanish, Turkish
ARMITAGE, Judy Ptarmigan Dr E11 925-938-3304 c510-703-9716 armitagejudy@yahoo.com	YES			LIGHT	LIGHT	YES		YES	Appointments & Errands, Organization of Closets, Cabinets, Storage; Plant Care
BAILEY, Janet Tice Creek Dr E2 Rockledge c925-812-2255 janejett1@comcast.net	YES	YES				YES		Occasional	Appointments, Pet Care, Pet Sitting, Airports
BENNETT, Barbara (BiBi) Ptarmigan Dr E3 925-788-4037 skylark114t@comcast.net	YES		YES	YES		YES	YES		DR. Appointments, Hospice, Reading for Sight Impaired, Laundry, All Types of Diets (including KOSHER) Men and Women OK
BLADE, Julie Stanley Dollar Dr E5A 925-705-7015 c510-823-4086 julieblade@gmail.com	YES					YES		By Appointment	Assist with Paperwork and Bills, Writing Projects: Email, Typing, Writing, Editing, Dog Daycare/Nights (my home), Cat Care Plant and Garden Care (Indoor and Outside)

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BRADY, Ruth Avenida Sevilla E1 c216-650-4715 rbradylaw@gmail.com	YES	EAST BAY				YES		Occasional	Doggie Day Care and Overnights in My Home. DR. Appointments, Errands, Assist with Email and Written Correspondence, Plant Care, Cat Care Dog Walking, Red Cross, First Aid, & CPR Certified
BUDAN, Ibrahim Ptarmigan Dr E3 510-928-7665 esmor50@hotmail.com	YES	YES	YES		YES	YES	YES	YES	Pet Care, Dementia Care, Airports, Plays Bridge
CHAPMAN, Mary Golden Rain Rd c415-385-8108 925-934-8829 mrysns777@gmail.com	YES	YES	YES	YES	LIGHT	YES	Occasional	SATURDAY SUNDAY after 3PM	Meal Planning, Companionship, Exercise, Appointments, Errands
CHASE, Donna Golden Rain Rd E24 925-947-1628 tipchase@sbcglobal.net	YES					YES		YES	Pack to Move, Dog Daycare/Overnights in my home, Cat Care, Assist with Paperwork & Bills, Laundry, Mending / Sewing
CHASE, Tip Golden Rain Rd E24 c925-457-2741 925-947-1628 tipchase@sbcglobal.net	YES	YES				YES		YES	Drives to SFO, Oakland and San Jose Airports; Amtrak & Cruise Piers; All SF/Marin County/Bay Area Locations, Drives to Long Distance Locations, Pet Care
CIRINA, Cathie Pine Knoll Dr E1 c925-989-6221 howsecat2@gmail.com	YES			LIGHT		YES			Social Visits, Shopping, Dog Walking
CLAGETT, Gale Oakmont Dr E14 c925-234-2282 gmclagett@yahoo.com	YES	YES	YES	YES	YES	YES	YES	YES	Notary Public, Dog Walking, Pet Sitting, Cat Care, Computer-email, Word, Excel, Paperwork, Bill Pay Dementia Care, Airport-Oakland Organization, Other Tasks as needed-Just ask

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COHEN, Nancy Terra Granada Dr E10 c510-334-6442 nancycohen1334@gmail.com	YES	EAST BAY	YES	YES		YES		YES	Airport-Oakland, Packing, Organization, Dog Sitting, Dog Walking, Appointments, Companionship, Walking Companion
COLLINS, Wren Cactus Ct E3 c510-325-3967 wrencollins@yahoo.com	YES				YES	YES		YES	Packing, Organizing, Ironing, Take on Walks, Some Pet Care-Walking Pets, Laundry, Plant Care
CRAMER, David Pine Knoll Dr E3 925-935-4419 c925-324-3936	YES		YES	YES	YES	YES		Occasional	Drives to Appointments, Pet Care, House Sitting, Reading
CRITTONDON, Bill Rockledge Ln E8 925-947-6190 c925-457-8483 bcrittondon@comcast.net	YES	YES		LIGHT	YES	YES	Occasional		DR. Appointments, Drives to All Airports, Extended Driving, Pet Care in Client's Home, Move Furniture / Power Wash Decks, Laundry, Computer Assistance
CRITTONDON, Lynne Rockledge Ln E8 925-947-6190 c925-588-3149 lcrittondon@comcast.net	YES			YES	LIGHT	YES			Dementia Care, Pet Care, Help with Gardening Will Drive if Client is Ambulatory, Will Consider Variety of Tasks Needed, Laundry
CRUZ, Maura Saklan Indian Dr E5 c925-395-7291	YES		YES	YES	YES	YES		YES	Retired CNA, DR. Appointments, Dementia Care
DEVINE-CUMMINGS, Pat Tice Creek Dr 925-945-6726 ptcummings1@msn.com	YES		LIMITED	LIMITED	LIMITED	YES		YES	Dementia Care, Caregiver, Respite, DR. Appts, Pet Care (Her home or Clients home) Assist with Clerical Needs

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GUNNESON, Barbara Canyonwood CT E7 c973-886-7071 bjunneson@aol.com	YES			YES BAKES		YES		YES	Appointments, Errands, Home Decorating/Organization, Plant Care, Cat Care, Packing/Unpacking, Bakes Doggie Cookies
HARPER, Carol Ptarmigan Dr E11 c925-998-9558 925-295-0755 caroloharper@comcast.net	YES	YES			LIGHT	YES			Cat Care, Laundry, Ironing
HERDERING, Catherine Pine Knoll Dr E6 c925-708-7302 cherdering@gmail.com	YES		YES	YES	LIGHT	YES			Health Care Advocate / Caregiver Basic Training and Registered California Caregiver, April 2018, Laundry, Exercise, DR. Appointments
HOLLIS, Arlene Golden Rain Rd E24 925-296-0887 pvbayareagypsy@gmail.com	YES	YES				YES			
KOWALSKI, Lucia Terra Granada Dr E14 c925-951-7053 allenfryfry7@gmail.com	YES	EAST BAY	LIMITED	LIMITED	LIMITED	YES	YES	YES	Socializing, Companionship, Gardening/Plant Care, Dog Walking, Playing games, Walking Companion, Laundry, Ironing
KVORIAK, Vicky Rockledge Ln E9 925-788-4170 victoriakv@yahoo.com	YES			YES		YES			Vet Appts, DR. Appts (Ambulatory only), Exercise Assistance, Laundry, Errands, Shopping, Reading for Sight Impaired, Music & Opera Lover
LEKICH, Andra Golden Rain Rd E10 925-935-5415 c925-818-6889 andralu@hotmail.com	YES			YES		YES			Haircuts, Plant Watering, Personal Computer Help, Simple "Sign Language Signs" for the Speech Impaired

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LEVINSKY, Leon Terra California Dr E4 925-448-2064 c609-610-3001 leonsheila@comcast.net	YES	YES				YES		YES	Drives to Oakland Airport, Medical Appointments, Cat Care, Companion
LEVINSKY, Sheila Terra California Dr E4 925-448-2064 leonsheila@comcast.net	YES		YES	YES	LIGHT	YES	YES	YES	Retired RN with Long-Term Care Experience, Post-Op Care, Wound Care, Alzheimer's Care, Cat Care, Drives to Medical Appointments Only
LIPMAN, Adrienne Farilawn Ct E5 925-944-4770 c925-285-1535 adriennejlipman@yahoo.com	YES		YES	YES		YES	YES	YES	Any Office Excel, Word Plant Care, Appointments, Accompany on Trips/Excursions
MANN, Carol Terra California Dr E10 925-287-9863 rosally317@gmail.com	YES	YES		LIGHT		YES		Occasional	Retired Nurse Practitioner - Hospice /Dementia/ Post-Op Care, Drive to & Accompany w/Errands, Appointments, Classes, Walks
MARCUS, Debra Pine Knoll Dr E8 c925-708-2719 debramarcus7@comcast.net	YES	YES	YES	YES	YES	YES		YES	Drives to Appointments, Activities, Oakland Airport, Pet Care, Plant Care, Cooks Healthy Meals, Help with Organizing, Help with Stress Management, Suggestions for Better Balance Exercises
MITCHELL, Cynthia Stanley Dollar Dr E1 c209-858-8540 cynthiagmitch@yahoo.com	YES	YES	YES	YES	LIGHT	YES		Occasional	Drives to Appointments, Errands, Pharmacy, Fitness Center, Pet Care (In Client's Home), Pack to Move, Laundry, Companionship
MOSS, Francine Canyonwood Ct. E7 c925-858-9944 franie12@yahoo.com	YES	YES		LIGHT	YES	YES		Occasional	All Appointments: DR, Dentist, and Hair. Drive to Airports, Laundry

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MUSGRAVE, Bob Terra Granada Dr E10 925-932-9624 luv2gourmet@comcast.net	YES	YES		YES		YES		YES	Appointments, Airports, Tasks as Needed
PAUL, Kathie Oakmont Dr E3 925-932-1946 c510-504-3164 kathiepaul70@gmail.com	YES	YES				YES		Occasional	DR. Appointments, Personal Care Appointments, Airport -Oakland only, Home Office Assistance
PEREIRA, Nina Volk Stanley Dollar Dr E5 925-300-3565 c925-381-1696 ninapereira@comcast.net						YES		w/Appointment	Decluttering, Organizing, Filling Out Applications, Organizing Paperwork and Bills Emailing, Writing, Editing, Rearranging Furniture and Art Items, Reducing Clutter to Give You a "Space Lift"
ROMERO, Maggie Rockledge Ln E5 925-200-1041 maggieromero53@gmail.com	YES	YES		LIGHT	YES	YES		YES	DR. Appointments, Pet Care / Organizer / Pack to Move, Drives to Airports-SFO & OAK, House Sitting
RUTLEDGE, Kristen Tice Creek Dr E 12 c510-301-0615 cats@copper.net	YES	YES				YES	YES	Occasional	Cat Care, Dog Walks, Vet Visits, Plant Care, Packing/Unpacking, Organizing, Personal Appointments, Errands
RUTLEDGE, Mary Canyonwood Ct c925-285-8708 hgrutledge@comcast.net	YES		LIGHT	LIGHT	LIGHT	YES			Pet Care, Personal Appointments
SCHONACH, Jayne Saklan Indian Dr E5 c925-695-5223 jaynelvshp@gmail.com	YES	YES		YES	YES	YES	LIMITED	YES	Airport-Oakland Only, Assist with Social Media, Computer Assistance, Exercise Assist., Hiking, Laundry, Ironing, Pet Care, Gardening, Organization, Reading, Packing boxes, DR Appt,

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SIMPTON, Sue Golden Rain Rd E7 925-448-2198 c925-330-3952 suesimpton@comcast.net	YES		YES	YES	LIGHT	YES			DR. Appointments, Pet Care, Meal Planning--Certified Nutritional Consultant
WALSH, Bonnie Ptarmigan Dr E3 c925-899-0273 925-944-5076 jimwalsh1829@yahoo.com	YES	YES	YES	LIGHT	LIGHT	YES		Occasional	Drives to/from: Major Airports-SFO,OAK,SJC,SMF, Local Airports; AMTRAK; Cruise Ship Piers; Downtown SF/Oak; UCSF, Kaiser, John Muir Hospitals; Wine Country/Tahoe; Doctor/Dental Appointments; Shopping
WALSH, Jim Ptarmigan Dr E3 c925-699-0550 925-944-5076 jimwalsh1829@yahoo.com	YES	YES	YES	YES	YES	YES		YES	Drives to/from: Major Airports-SFO,OAK,SJC,SMF, Local Airports; AMTRAK; Cruise Ship Piers; Downtown SF/Oak; UCSF, Kaiser, John Muir Hospitals; Wine Country/Tahoe; Doctor/Dental Appointments; Shopping, Exercise Assistance; Dog Walking